

Frank Porter Graham Bilingüe Elementary School Newspaper

COVID-19 and the World

Michael Fish

Did you know that the Coronavirus has had both good and bad effects on this planet? One of the good things is that the air is much cleaner, and that for the first time in 30 years the Himalayas can be seen from the North of India, which is only about 200 kilometers away. However, even though the environment has benefited from the reduction of human pollution, there are multiple countries that have suffered badly from the coronavirus and have taken steps to recover.



Image from PHYS.org

China: How it Started

COVID-19 is caused by a a coronavirus called SARS-CoV-2; they are a large family of viruses that are common in people and many different species of animals. Sometimes, although rarely, animal's coronaviruses can infect and then spread among them.

Although there are many different speculation and myths on how this virus originated, it scientist have determined that the first few cases were identified in China. Scientist have determined that COVID-19 has a natural origin. They believe that it's likely that there was a bat to human infection among people processing them for traditional medicines.

South Korea: Testing and Tracking

Did you now that South Korea's president Moon Jae-in has tested a large portion of the its population of 51,261,178? They developed their own tests and have continued to send them to other countries that are having shortages. South Korea has received quite a bit of kudos for their response to the virus. Citizens that were tested and found positive were quarantined and monitored. Not only did South Korea have their citizens tested immediately, they focused on tracking and documenting the spread. The people made a point of adhering to the guidelines set in place for their safety and that of others.

If you leave home, know your Ws!



Italy: Hit Hard by COVID-19

Italy's population was hit quite hard by COVID-19, mainly those provinces to the south like Rome, Naples, Bari, and Sicilia. It was the first nation in Europe officially hit by COVID-19 and therefore found itself unprepared for the rapid spread. As has been the trend, the median age of those that have passed trend around 80, which emphasizes the importance of keeping our loved ones safe during this time.

Interview with Dr. Silvia Mandillo: Singing through the Pandemic:

Yes! From the first day of the lockdown on March 11, every day at 6 pm we have come out of our balconies all singing with our neighbors. It was a very moving experience. The first day I felt like crying while we were singing the National anthem "Fratelli d'Italia" (Brothers of Italy). Then every day there was a popular song in the program, Azzurro, Volare, etc... it was very nice. Unfortunately, it did not last for too many days, at least in my courtyard, probably because there were not so good singers...I know that in places where the neighbor is a famous singer or musician they are still doing it...

Anyway, tomorrow [Sunday, April 2] is a national holiday, it's Liberation Day from the Nazi-fascism at the end of WWII and we should all sing Bella Ciao, a beautiful song of the partisans that helped us toward freedom.

Italy and the Environmental Impact of COVID-19

This was one of the best things about these isolation days. In about a week from the start of the lockdown, the air in Rome has cleared a lot and it is a pleasure now to keep our windows open to let the fresh air in. It is a great feeling! We all breathe much better and we let the laundry dry outside; it smells very fresh and of spring scents. I really hope that when we start to go out and all the urban activities start up again that the pollution will not be as bad as before the covid-19 time. Maybe people will have learned something from these difficult times.

France: Even the Best Healthcare System can't beat COVID

France is known to have one of the best healthcare systems, but has not been able to battle this virus any better than other countries. According to the French government, there have been about 158,600 confirmed cases, and more than 29,000 deaths. At first in May, the citizens felt like the lockdown was unwarranted and fought back against the restrictions put in place, but they soon realized that their actions were endangering others. Now, the French government is slowly coming out of the lockdown as the number of cases decrease.

Conclusion:

Did you know that San Francisco residents have spotted coyotes near the Golden Gate Bridge? That the residents of the Florida beaches have seen turtles and alligators? All due to the lockdown put in place to reduce the spread of the virus. These are normally highly populated ares, but because of the order for people to stay in place, these animals have decided to explore the vacated areas.

COVID-19 has caused a lot of issues and hurt many people, so residents should remember the 3 Ws if they leave their homes, which stand for Wear (your mask), Wait (six feet apart), and Wash (your hands often.

COVID-19 and the World	I
Noticias	3
A History of World Pandemics	3
Trimeresurus Salazar Pit-Viper	3
Air Pollution and COVID-19	4
States Opening Back Up?	4
The Great Feather Heist	5
Crazy Weather	5
Las Elecciones de 2020 para los Estados Unidos	5
What are Murder Hornets?	6
How does attitude affect your game?	6
Features	7
Keeping the Peace?	7
Mindfulness	7
Tips for Parents	8
Kids and Video Games? Yay or Nay?	8
Zoom, Google Meet, or FaceTime?	9
Fighting Stress or Boredom?	9
Entertainment	IC
School of Rock, Chapel Hill	10
Animal Crossing New Horizons! What is it?	10
What's on T.V.?	10
Hamilton	II
Must Try Online Games!	II
Pokemon Sword and Shield and Pokedex Review	12
Salud y Deportes	14
DIY: Face Mask	14
Skin Cancer	15
R.I.P Kobe Brayant	15

Chistes!

- 1. ¿Qué le dice una taza a otra?
 - → ¿Qué taza ciendo?
- 2. ¿Qué le dice una pared a otra pared?
 - + Nos vemos en la esquina.
- 3. ¿Por qué lloraba el libro de matemáticas?
 - * iPorque tenía muchos problemas!
- 4. ¿Por qué el televisor cruzó la carretera?
 - * Porque quería ser pantalla plana.
- 5. ¿Cómo estornuda un tomate?
 - + iKeeeétchup!

Riddles!

- I. If two's company, and three's a crowd, what are four and five?
- 2. What travels around the world but stays in one spot?
- 3. A word I know, six letters it contains, remove one letter and 12 remains, what is it?



- 4. A word I know, six letters it contains, remove one letter and 12 remains, what is it?
- 5. You draw a line. Without touching it, how do you make it a longer line?

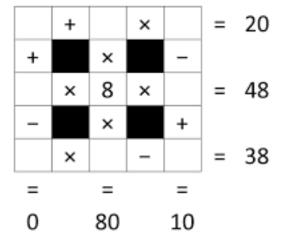
Adivinanzas

- 1. No soy de carne y hueso pero tengo 5 dedos. ¿Qué soy?
- 2. Es algo que cuanto más crece y más grande se vuelve, menos se ve. ¿Qué es?
- 3. Al llegar la mañana, despierto a todo el mundo sin hacer ruido ¿quien soy?



- 4. Si me descubres, ya no existo ¿Qué soy?
- 5. En la granja de Tobías hay 4 vacas, 2 conejos, 6 patos, 4 gatos, la mujer y los dos hijos de Tobías. ¿Cuántas patas hay?

Cross Math



NOTICIAS

A History of World Pandemics

Austin Harris

What is a Pandemic?

A pandemic is a international outbreak of disease. A pandemic is when a new virus comes out and tries to infect people by moving from person to person. Since the virus is new there is no pre-existing immunity for the disease causing it to spread around the world. Some scientist think that pandemics are supposed to happen around every 100 years or so.

One of the worst pandemics in the world was the Black Death (or the plague), which lasted form 1347 to 1352, a total of 5 years! We don't really know how many people actually died, but it is estimated to about 20-30 million people according to the John Hopkins website.

Plague of Athens 430 B.C.

One in the history books is the Plague of Athens, which was an epidemic that devastated the city-state of Athens in ancient Greece during the second year of the Peloponnesian War.

The plague killed an estimated 75,000 to 100,000 people and is believed to have entered Athens through Piraeus, the city's port and sole source of food and supplies. The plague lasted for three years. Many of the sufferers died within 7-9 days from getting symptoms.

Russian Flu of 1889

The first significant flu pandemic started in Siberia and Kazakhstan, traveled to Moscow, and made its way into Finland and then Poland, where it moved into the rest of Europe.

By the following year, it had crossed into Africa and navigated over the ocean into North America. By the end of 1890, 360,000 had died. The pandemic lasted one year. It was the last great pandemic of the 19th century.

Flu Pandemic (1918)

The flu pandemic or the Spanish Flu is one of the most severe pandemics in the world's history. Infecting a third of the worlds population, and killing about 50 million people.

The 1918 flu was first observed in Europe, the United States and parts of Asia before spreading around the world. At the time there were no drugs or vaccines to help cure the deadly virus. The flu virus attacks the respiratory system. It is very contagious: whenever someone coughs or sneezes without covering their mouth, they risk spreading it from person to person.



The first wave of the 1918 pandemic occurred in the spring and was generally mild. The sick, who experienced such typical flu symptoms as chills and a small fever, usually recovered after several days, and the number of reported deaths was very low. However, a second, highly contagious wave of influenza appeared with a vengeance in the fall of that same year. Victims died within hours or days of developing symptoms. The pandemic lasted for 2 years and is considered one of the most severe pandemics.

COVID-19 2019

COVID-19 (also known as the Coronavirus among the public) is the current pandemic that we are going through. The virus started in Wuhan, China where they reported multiple cases of a severe acute respiratory syndrome related to the coronavirus. ABC News reported that the virus might have originated from Wuhan, South China's Wholesale Market, which sold wild animals like bats that can carry the deadly virus.

The market has been closed since January 2020. The virus has since spread worldwide. Its been estimated that there are about 3.4 million confirmed cases of the virus worldwide, 200 thousand have died, and 900 thousand have recovered as of right now. Because of COVID-19 students did not return this school year, and completed the academic year online.

Pandemics are a normal occurrence in history, but it's always important to take them seriously and manage them with care. Take steps to keep yourself safe, as well as those around you. Everyone has a loved one that could fall prey to this pandemic.

Trimeresurus Salazar Pit-Viper

Michael Fish

There has been a new reptile identified in the animal world. Scientists have found a new type of Pit-viper (a type of snake) and have named it *Trimeresurus* Salazar after Salazar Slytherin from the Harry Potter book series. They collected this new species during an expedition between June and August of 2019.

This species is found under the Viperidae family. They can inject the amount of venom they choose fit to, so if they want to inject x amount of venom they can. Their fangs are hollow. They are the second most poisonous snake on the planet. The Viperidae snake has a triangle head and it is most likely very bright, and it can also be found in China.

It is also categorized as a *genus Trimeresurus*, which is a type of venomous snake that lives across east and southeast Asia.

The body of a Pit-Viper has an organ between its nose and eyes, it is a heatsensing organ that they use for hunting. They can be found among forest trees and even hang from tree branches.

The *Trimeresurus* species has similar features that identify is a *Trimeresurus*, but most notably it is set apart by the reddish

most notably it is set apart by the reddish orange stripe on its head. They have found this new species in Arunachal Pradesh, India. Scientist continue to research it in hopes to learn more about this new species.

In conclusion, if you happen to encounter this snake you should leave it alone.



Air Pollution and COVID-19

Sadie Eash

There have been reports stating that there has been less pollution due to COVID-19, while some disagree about its effect on the environment. In this article you will find out if pollution rates have gone up or down in this time of COVID.

Lockdowns around the world are restricting travel, which is supposed to halt the spread of COVID.

It has resulted in unlikely reductions in deadly air pollution around the world. Major cities that suffer worst from air pollution have seen a reduction of

about 60% (average) of air pollution from the previous year.

Many cities have been tested for less air pollution, including: Delhi, London, Los Angeles, Milan, Mumbai, New York City, São Paulo, Seoul, Wuhan and Rome. They all saw big changes in air quality.

Delhi and Mumbai's air pollution has dropped an average of 60%. Seoul's air pollution has dropped about 54%. Wuhan has not quite caught up to the rest, but the air pollution has gotten 44% better. Los Angeles is almost at their cleanest air peak ever with a 31% reduction.

But how will we keep the air clean after COVID?

Keep Walking and Biking



Image borrowed from Science4fun

Since everybody is stuck at home, most people have started to re-discover walking and biking as a means of transportation, since it is easy to do in your neighborhood. Neither of these things pollute the environment at all, so if people keep doing these activities after COVID has run its course, it will continue to have a big effect on traffic and keep the air clean and fresh for everyone.

Keep Communicating Online

Now that people can't see their friends or family, many people are using FaceTime, Google Meets, and Zoom to see them. Many people are also working from home, now that they can't go to work without risking their health and that of others.

If people keep doing this after COVID has passed, people won't hurt the environment when they take a drive to work or to go see friends / family.

Go Electric

Start using electric powered cars, not gas or diesel. Electric powered cars are better for the environment, they don't emit smoke into the air like a regular car would do. They produce less greenhouse gasses in their lifespan than a gas or diesel car.

It's important to reflect on the state of our planet and how to best help sustain it. These are only a few examples of how to contribute after the pandemic, but we should start brainstorming ways to make an impact now.

Success doesn't stop when you get there.

- Míchael Jordan

States Opening Back Up?

Austin Harris

As you know during this time of quarantine, we are supposed to be social distancing ourselves from other people. Things like, schools, gyms, restaurants, parks and stores have been closed.

But a lot of states have made plans to open up their businesses very soon.

Most states and U.S. territories have begun to ease restrictions on businesses and social activity, moving to slowly reopen, following what some would say are vague federal guidelines.

States like Michigan and New York are taking slower measured steps because of the harm this pandemic has caused.

Public health experts warn that this increased activity will cause a rise in infections of the virus.

There are some that state that we have not finished going through the first wave of this pandemic, so states are taking an unnecessary risk in reopening.





Picture taken by Mehmet Semirci and borrowed from Triangle Business Journal.

North Carolina is one of the states that is trying to reopen.

On May 8, North Carolina reopened at 50 percent capacity and child-care centers reopened for the children of working parents or parents looking for work.

This was the start of a 3-phase plan to reopen, phase two started May 22nd of this year (2020).

In the first phase of reopening, Gov. Cooper had said that businesses are now allowed to

hold a 50% capacity instead of the former 20%.

Gov. Cooper stated that in phase two of the reopening plan the state's restaurants begin to open their dining rooms but business wont be the same for a while, since they will open at a limited capacity. Gatherings will be limited to 10 people indoors and 25 people outdoors. In addition, bars, nightclubs, gyms, and indoor fitness facilities will remain closed as well.

But, this plan can change depending on the infection rate in our state.

The Great Feather Heist

One day, two men went fly-fishing in the Red River of New Mexico. The men were named: Kirk Wallace Johnson and Spencer Seim.

Now, fly-fishing is a sport where you use a little "fly" (a hook-like object with feathers tied on it) to catch fish, instead of using a worm. So, one of the men pulled out a beautiful salmon-fly. It had all kinds of rare feathers that were intricately and neatly tied to the hook.

The feathers were all from rare and exotic birds. They started talking about a guy who broke into a museum in 2009 to steal the preserved skins of 299 tropical birds, so that he could sell them and support his music career as well as his parent's business. His name was: Edwin Rist.

He broke into Britain's Natural History museum in Tring in London. Mr. Rist was

Isabel Carty studying music in

London and was a VERY good fluteplayer. Mr. Rist was in his early twenties when he broke into the museum.

Now, this museum

had lot extraordinary, rare, and VERY valuable bird feathers from tropical areas captured by Alfred Russel Wallace. Edwin Rist went to the museum and took pictures of all of Alfred Russel Wallace's birds. He also took pictures of where they were located. Then Mr. Rist later broke into the museum. He had bought a special glass cutter JUST for the break-in, but on his way to the museum, he somehow dropped it, and panicked, so he used a rock instead.

After he bashed away enough glass to get in, he squeezed through the sharp edges and entered the museum. It was too dark, and he was already very nervous from losing the glass cutter, so he just grabbed whatever he could. He took 47 of the museum's 48 red-ruffed fruitcrow and he took cotingas, quetzals, and many, many more exotic bird species. His goal was to sell his feathers to a community of flyfishers.

The museum guards ended their shift just minutes before Mr. Rist left, and he didn't get caught. The guards searched Charles Darwin's birds, not the ones Edwin Rist had stolen. But, about a month later, he was caught since he didn't really try to cover up his crime. He went to court, and pleaded his guilt. He cooperated with some of the authorities to recover the stolen birds, but some were never seen again.

Crazy Weather

Jane Linares and Lily Jackson

Have you noticed how crazy and weird the weather has been lately? Crazy weather is popping up every month; hot weather in January, snow in February, and tornadoes around April!

You may be asking yourself why is this happening? In this article we will interview people about what they think and provide further information on weird weather.

Have you heard that COVID-19 has affected the weather? You may be asking how. Well, many people have not been going out to places so that helps the air since people are not using cars as much. In addition, less air pollution means less humidity, so less hot muggy weather.

Also hurricanes have been popping out every now and then. For example on May 27th a hurricane named Bertha formed quickly and hit South Carolina, but by the time it reached our area it was just a rainstorm.

Our 2019-2020 school year has had crazy weather pop out every now and then. As a result, 2019 is the second warmest year on record; however, NC 2019 experienced the hottest year in

"I feel like the weird weather should not be happening in spring with the hot/cold days and I feel like something is wrong with that."

"I prefer cold weather over hot weather because cold weather is very refreshing and with cold weather, unlike hot weather, you can add more layers but hot you kinda just stuck."

history! The last record was in 1990.

Last year in April 2019 we also had a hurricane around the 19th and this year we had one around that time too!

In conclusion, crazy weather happens every now then; but it's been happening more recently, and the year isn't even over yet. Even more crazy and strange weather could still happen in 2020, and it could be even more disastrous than what we've already experienced. We expect 2020 to be a record breaking year.

Las Elecciones de 2020 para los Estados Unidos

Tomás Robertson

Las elecciones de 2020 para él presidente de los Estados Unidos de América son las elecciones más importantes de los últimos años.

Estás son las elecciones más importantes porque van a decidir el próximo presidente de los Estados Unidos de América en un tiempo de crisis por él coronavirus, el cual es más peligroso para los pobres y

la generación de la tercera edad, pero también amenaza a todos los humanos del planeta tierra.

Los candidatos son el presidente de 2016 a 2020 Donald Trump y él vicepresidente de Obama, Joe Biden. Trump es el candidato republicano y Joe Biden es el candidato democrático.

En las elecciones de 2020 es muy probable que gane el candidato democrático porque en los votos que hacen antes de las elecciones está ganando Joe Biden por ahora. Pero otra cosa que puede pasar es que las encuestas se pueden cambiar completamente, o qué Trump trate de



quitar las elecciones en completo. También dicen que es muy temprano para decir quien va a ganar.

Las políticas de Donald Trump son que no deberían haber personas que no tienen ciudadanía Estadounidense viviendo en los Estados Unidos porque

él piensa que no están viviendo en los Estados Unidos legalmente.

Trump también piensa que él coronavirus no es tan importante y deberíamos poder salir de la casa con menos miedo. Al contrario Joe Biden piensa que deberíamos quedarnos en la casa hasta que los científicos dicen que está bien.

En conclusión, las elecciones de 2020 son las más importantes en mucho tiempo con los dos candidatos Joe Biden y Donald Trump. No se les olvide votar!

What are Murder Hornets?

Sadie Eash

What are Murder Hornets? Where did they come from? When did they get here? Why are they here? Can they actually kill humans? These are commonly asked questions about the Murder Hornet that have recently been spotted in North America.

Murder Hornets are actually called Asian giant hornets.
They are type of hornet from East Asia that get to be about 2 inches long. They are yellow/

orange and black. Their stings have been reported to feel like a knife being shoved into your skin.

People have just spotted some for the first time in the US. They found the first one in Washington state, in December 2019. There were a few sightings in British Columbia, Canada in the fall. Scientist believe that they probably made their way to North America sealed in shipping containers during trading.

This hornet has been known to kill about 50 people a year in Japan. Asian giant hornets are most dangerous in summer to



Image from ABC News Clip

mid fall, when they wipe out honey bees from beehives. When they get inside they first kill all the adult bees and then eat all their larvae. Only a few hornets can destroy a whole beehive in a matter of hours. This means there will be a big decrease in honey bees if these hornets begin to truly invade.

Bees are important because they are a big part of an ecosystem. They are pollinators. They allow trees,

plants and flowers to grow. So what will happen if we don't get rid of these Asian giant hornets? Will honey bees go extinct? Well, nobody knows for sure what will happen if the hornets keep killing bees, but scientists are working on tracking them and keeping them contained. We do know for sure that if honey bees go extinct, then the next generation will have big problems, since honey bees really keep the ecosystem balanced.

So if you happen to see one of these hornets, stay away from them.

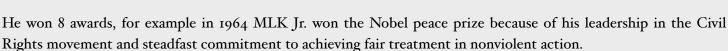
Martin Luther King Jr.

Margret K. and Adriana U.

Who was Martin Luther King Jr?

Martin Luther King Jr. was born on January 15, 1929 in Atlanta, Georgia U.S. and died on April 4, 1968 in Memphis Tennessee. Martin had two siblings: Christine King Farris (Martin's sister) and Alfred Daniel Williams King Sr. (Martins Brother). He and his siblings learned how to play the piano from their mom (Alberta Williams King) and were guided by their dad (Martin Luther King Sr.) and grandfather (James Albert King).

Michael King Jr. 's (Martin's original name) most famous speech was I Have a dream, he was also a social rights activist during the 1950 and 1960. He was a leader of the American civil rights movement and was assassinated by a man while standing on the second floor balcony of Lorraine motel. In conclusion, MLK Jr was a great man for the U.S. In the mid-1950's MLK Jr. had a strong impact on racism in the United States of America.





From NobelPrize.org

How does attitude affect your game?

Harrison Boyle & Michael Fish

Did you know that your attitude and your thoughts can affect your game? Well, in this article you will find out all about what the effects are and what you can do about it.

Most athletes are not aware of how much their game depends on their attitude. Negative thoughts can increase stress and anxiety, eventually leading to a poor performance in the game.

How can you stay positive?

Well, remind yourself to focus only on the things that are in your control.

Be realistic with your expectations and don't aim to accomplish something that you haven't prepared for. For example, if you didn't practice or warm up, don't expect to be the best.

Encourage yourself, but also your teammates to do their best, remember that your not alone.

Don't forget to cut yourself some slack, do your best and be proud of what you did accomplish.



In conclusion, we hope that you can keep a good attitude on the playing field.

FEATURES

Keeping the Peace?

Ellen Argersinger and Riley Richards

Are you having a hard time with your siblings at home?

If so, then this guide will help you by giving you ways you never thought of to keep the fighting percentage very low. Sometimes it will even help you keep as far away from your sibling as possible to prevent fights.



The following are a few suggestions to help you NOT to start a fight with your siblings:

- I. However much you want to do otherwise, **agreeing** with whatever your siblings tells you reduces the opportunity to spark arguments. It actually works!
- 2. Avoid doing the same activities as your siblings. Maintaining a distance is important in avoiding arguments.
- 3. Unless given permission, stay out of each other's rooms.
- 4. Saying "I'm sorry" even if you feel like you did not do anything wrong, cause it's the right thing to do.
- 6. Give them back whatever you took.

Self Defense:

These are more ideas on how to protect yourself if its a physical fight, if it ever escalates to that, which you should avoid at all cost.

- 1. Use their weak points to your advantage. In other words, tickle them!
- 2. Get a pillow to use as a shield and attack.
- 3. Scare them!
- 4. Hide! Run to your room and lock the door.

Offense:

Sometimes you're at a point where the grrr takes over.

- I. Throw stuffies at them!
- 2. Tickle them in their most ticklish spot. If you have 3 siblings, then you can ask the other to team up with you so your team can steal something your sibling is hiding from you.
- 3. Build a fort and then attack them.
- 4. Go to a secret base and plan out your attack, then activate your trap.

More Ways to Prevent Fights:

- 1. Don't take their things.
- 2. Take responsibly and say "I'm sorry" immediately after you do something wrong.
- 3. Don't mimic them.
- 4. Don't disagree with them just to annoy them.
- 5. BE NICE TO THEM, or else they will get mad at you. You'll get in trouble and it would be ALL YOUR FAULT.

Tips For the Older Siblings

- 1. Don't correct them even if you really want to.
- 2. Try to stay out of a fight because the younger sibling NEVER gets in trouble, you do.
- 3. Don't tell a lie, your parents will find out.

Tips for the Younger Siblings:

- 1. Use your size to get past your older sibling.
- 2. When you tattle you usually don't get in trouble, but keep in mind that it's not the same for your older sibling.
- 3. Don't tattle all the time (especially if it is something small) because your sibling will tell everyone that you are a squeal.

In conclusion, we know that these are hard times but...KEEP THE PEACE.

We hope you stay safe during these uncertain times (and from your sibling). We also hope you use some of the tips in this article.

Peace, Love n' Oboes

Mindfulness

Emilee Parr

Mindfulness is an activity used by people to relieve stress and calm down. It is a way people focus on the present moment by understanding feelings and thoughts calmly. You can practice it by observing your breathing, pausing between actions and listening wholeheartedly.

Mindfulness is a form of focusing on the present moment and paying attention to oneself and others, and it is sometimes used as a therapy. There are 3 components to practicing mindfulness: Attention, Intention and Attitude.

But, there are many different types of mindfulness you can practice some examples are: A body scan, breath awareness (meditation), etc. Mindfulness is especially useful when one has something on their mind. Some ways you can practice it are, paying more attention to the



Image from Psychology Compass

present, like savoring your food and thinking more about something you see in the present moment, not what it could do in the future.

For example, if you are outside and you see a bug just think in depth about what the bug is doing, not the probability that it would sting or bite you.

In these times, practicing mindfulness is a good idea because it could help you savor life more, feel calmer and not have as much stress. That would be quite useful now

because maybe all of the online work is making you stressed, or maybe you are not having as much fun because you can not see your friends, well, maybe mindfulness can help you! Try it!

Tips for Parents

Did you know that 76 percent of parents spoil their children?

It's true most parents in the United States spoil their children. When parents spoil their children that means that the parent lets their child do whatever they want to do and get away with being rude or ungrateful.

When children are spoiled it affects how they are at school and other public places. When a child is already spoiled it's hard to change them.

Being spoiled means that you get what you want whenever you want it. You might be asking yourself: Why is this article being written?

Well, a lot of behavior in our school has been very disrespectful and rude. For example, a ton of kids have been disrespecting TAs and saying things like "I don't have to listen to you, because your not a real teacher."

But in reality we should respect all teachers even if they're not our personal teacher. So, here are some ways to not spoil your child:

Austin Harris Make Sure They Do Chores:

It's important to make sure your child does regular daily chores around the house, and if they successfully do their chores they could earn a prize like going to the movies. Including kids in chores makes them feel like they are part of the team, as well as demonstrating how to be a good citizen.



Teach Them to Say Thank You:

If your child gets a birthday present make sure to have them write a thank you card, or if someone holds the door make sure they say thank you. It's about being grateful for those that take time to think about you. It's important to appreciate the thoughtful moments.

Provide Consequences for Your Child:

Make sure that when child misbehaves that you give them a appropriate consequence, so they know that their actions were not correct. It's important to ask them why they did something, as well as discuss why specific behaviors or actions are proscribed.

Don't Pile on the False Praise

Don't give your child praise for bad things. Authentic praise is important for kids. They need to know that what they are doing is right, but don't go out of your way to praise things that you wouldn't want them to do outside the home, for example it's important for children to speak up, but you want them to learn to listen too, so something like, "I really appreciate how you waited for Mr. Joe and I to stop speaking before making your request."

Make Sure They Mind Their Manners

Make sure your child uses please and thank you. Everyone loves a child with good manners.

Everything negative - pressure, challenges - is all an opportunity for me to rise.

-Kobe Brayan

Kids and Video Games? Yay or Nay?

Rowan Abernethy

Many people think that children under the age of 10 should not be able to play video games. Why do people think this? Well, as some of you know when children are playing video games their hearts and brains are over-stimulated, causing them problems when trying to focus in a different setting.

On the other hand, some people think that they should allow children under the age of 10 to play video games as long as they want.

However, I think children should be allowed to play video games for a **limited** amount of time.

Why do I think that children under the age of 10 should be allowed to play video games for a limited amount of time?

Well, one reason is that a study with 2,442 children demonstrated a connection between playing video games (an hour per week) and an improvement in motor skills and higher achievement scores. It did not show that playing more than that led to greater motor skills or higher achievement scores.

Video games can also help the person playing relax. Researchers have found that puzzle games can decrease stress and improve your mood. Studies have also shown that playing video games can help short term



memory and hand-eye coordination, which is important for both adults and kids.

Another reason I think children under the age of 10 should have a time limit for playing video games is that, if they play video games for too long, it could start to affect their eyesight.

Playing video games for too long can affect the

hippocampus area of their brain in bad ways, like making it difficult to focus, but if played responsibly it can also affect the brain regions in charge of attention and visuospatial skills in good ways. For example, studies have found that gamers have shown improvements in attention or selective attention.

In conclusion I think that children under the age of 10 should have a time limit for playing video games because there are some ways that playing video games can positively affect the brain.

Even though there are positive ways that playing video games can affect your body there are also ways it can negatively affect the brain if not managed correctly. I think that there should be a time limit of about I hour a day so that the brain can process without being negatively affected.

Zoom, Google Meet, or FaceTime?

Sadie Eash

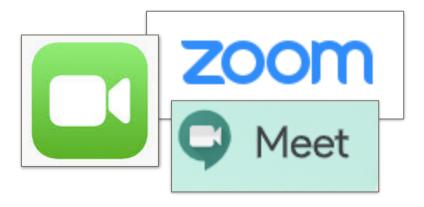
In the time of COVID-19, many people are communicating with their families and friends a lot more over the internet. There are many platforms to use, like: Zoom, Google Meet and even FaceTime. In this article I will tell you about which ones are better for different types of families and for different types of scenarios.

Zoom

Zoom is a great platform for school work between students. It is also great for large, medium, or small families. On Zoom, you can chat, draw, share your screen, and even change your background. The calls can only last 40 minutes if you have Basic Zoom. You can either be in gallery view (where you can see everybody) or speaker view (where you can only see the person who is talking or making the most noise). There are other options too, like Zoom Pro, Business, or Enterprise. Zoom Pro costs 14.99 a month and Zoom Business and Enterprise both cost 19.99 each a month. *Zoom Basic* is good for a personal meeting with only a few people, *Zoom Pro* is good with small businesses or large families, *Zoom Business* is good for medium sized companies, and Zoom Enterprise is good for large companies that need to conference. Each one has different advantages. You can use Zoom on Samsung or Apple devices by using the app or web browser, on a computer, laptop, or phone.

Google Meet

Google Meet is a great platform for schoolwork or for a medium sized group. On Google Meet you can see each other, speak, share your screen, and even message each other in the chat box. Google Meet is free and works pretty well. Sometimes it can be hard to see because of poor WiFi or just because there are too many people on the meet. On Google Meet you cannot see everybody in one view, only the host can, and if you are not the host you have to look at one person at a time, unless you add specific extensions. Google Meet can also be used on Samsung or Apple devices using the app or browser on a computer, laptop, or phone.



Face Time

FaceTime is a great app for small or large calls. On FaceTime you can only see the other person and talk, you cannot chat or share your screen. FaceTime is free and is a pretty good app, as long as you have an Apple device and an internet connection. On FaceTime, when you or the other person's WiFi is weak, instead of the image / video getting glitchy or fuzzy it says "Poor Connection. Video will resume soon." Unfortunately if you have an iPhone that is a lower model than the iPhone 7, then you can only connect with one other individual; if you make a call with more than one person, they cannot see you and you cannot see them. FaceTime does not work with any Samsung device, only Apple devices. You can use it on a any of the Apple laptop, desktops, or phones.

So, if you want to communicate with your family, these applications have been tested and confirmed to be pretty good. If you are a big family who wants to talk, then you should stick with Zoom or Google Meet. If you are a medium sized family, you should use Zoom, Google Meet or FaceTime (if you have an iPhone model 7 or up). If you just want to talk to a few people use Google Meet or FaceTime (if you have an iPhone model 7 or up).

Stay safe and remember that just because we're quarantined, doesn't mean we can't stay connected.

Fighting Stress or Boredom?

So, with the way the world is right now, many people are stuck at home with their parents and other family members. So, you have probably started to go a little crazy. Here are some tips so that you can keep your sanity while still having fun!

Claiming a Space

Having a space that you can be in by yourself is a good way to stay calm, so if your parents are driving you crazy you can just go there and read a book and chew some bubblegum. Some good places to have for your space could be your room, an empty ventilated garage, or even a

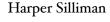
small bathroom, whatever works for you as long as you can have space to yourself that is quiet and peaceful.

Baking

Baking is a fun way to relax and have fun. You can do it with your siblings, if you have them, and in the end you produce something delicious. It's also really good for practicing your fractions!

Chores

Chores are something tedious to some people, but to others they can be something calming to do when you're stressed. I don't mean things like cleaning, but more like reorganizing your stuff. For example, something like your desk, maybe your drawers, or the closet you've been avoiding.





Stay Active

Taking a walk is something you can do since it is both relaxing and you're getting exercise. So, taking a walk is fun, but if you don't want to do that there are other ways to get exercise such as running in place or watching an exercise video.

Read!

Reading is the #I way to stay calm. You can get a book, go to your own special spot and sit down and read for hours! There are so many possibilities with books, so you know you'll never be bored!

Stay Connected

Stay updated with your friends! You can use Skype, Zoom, FaceTime, or whatever is available to you. Having fun with friends is an awesome way to keep in touch and distract yourself from the problems in the world right now!

Arts and Crafts

Crafts are a good way to destress since things like sewing are a very good way to relax (when you're not poking yourself with a needle that is!). Also crafts tend to calm you down since most of them have repetitive parts so it becomes rhythmic to do it, but it is also something to do with your hands!

If you're bored or stressed, these are just a few of the activities that you can practice to take a break!

ENTERTAINMENT

School of Rock, Chapel Hill

Ruby and Izzy

What is School of Rock? You may have heard of the movie, or the Broadway musical, but this is a actually a franchise of music schools! The one in Chapel Hill is owned by David Joseph and managed by Haleigh McGuire. It has a variety of



instruments that its instructors teach: Electric Guitar, Electric Bass, Keyboard, and Vocals. Read on to find out more about School of Rock Chapel Hill.

School of Rock gives lessons, but it also has different levels of groups where you can perform. The youngest group is Rookies (You don't actually perform there) where kids ages 6-7 find out which instruments they want to play, and learn a few songs.

Next is Rock 101, where kids ages 8-13 have weekly rehearsals where they work together to learn more songs. Then comes performance group, where kids learn songs from a specific show theme (The current show themes are 2000s Indie Rock, Queen, and Jimmy Hendrix/Carlos Santana).

Last in School of Rock Chapel Hill is House Band, where the best kids (At their instruments) play famous and popular songs, and even tour the country!

Because of peoples' recent worries about COVID-19, School of Rock Chapel Hill is going online! The online activities are lessons and the House Band, Performance Group,

and Rock 101 practices. What you do in the lessons is pretty much the same as normal lessons, but online! The virtual band practices are pretty much talking about the individual songs, and asking if there are any parts of any of the songs that students want to ask about. As well as the lessons and rehearsals, some instructors that are the 'band managers' for House Band, Performance Group, and Rock 101, are hosting "MasterClasses", where they prepare presentations and lessons about a certain topic, and screen share them for students. Some of the MasterClasses have been Pink Floyd history, Scales and Modes, and P.A. Etiquette.

School of Rock Chapel Hill was founded on May 1, 2017 by David Joseph, and celebrates its birthday with a party every year. Because of the stay-at-home order, this year it celebrated over Zoom with a talent show.

In conclusion, School of Rock Chapel Hill is a music school where kids can perform songs as well as learn them. It has many bands, instructors, and stories. Check it out!

Animal Crossing New Horizons! What is it?

Leo Berner

Animal Crossing New Horizons is the newest Nintendo Switch game, and it's a huge hit!

The Animal Crossing series is long running and first started with the original Animal Crossing created in 2001. Since then people have agreed that New Horizons has been the best one yet.

From the beautiful skies to all the different amazing NPC's (Non-Playable Characters), Animal Crossing is one of the best games to sit back and relax with.

You start the game on an island with two fellow villagers and your leader Tom Nook.

You set up a tent and live out your best life, where you upgrade your house and collect all sorts of different things to build and sell indoor and outdoor furniture.



You can sell fish, bugs, fruit, pretty much anything to get bells (money).

With the bells you earn you can either buy things from Timmy and Tommy's show (Tom nooks nephews) to pay off your renovation loans.

Yes, you have a debt to Tom Nook for the upgrades you make on the island. What? You thought paradise was free?

The game continues as your little island starts to grow into a town with more neighbors and shops.

The game is a lot of fun to play with family and friends during this time of quarantine. Both kids and parents love it!

Animal Crossing: New Horizons is definitely worth the \$60.00!

What's on T.V.?

Leo Adair

Lost in Space

If you're looking for a good sci-fi movie this is the one to watch. *Lost in Space* is about a family going to outer space who end up crashing on a planet. They face a lot of challenges to while trying to get off the planet, and get back to the main ship that is floating in the middle of space. All while, Will Robinson, one of the main characters makes a new friend...an alien!

The Series of Unfortunate Events

The Series of Unfortunate Events series is based on a book written under the pen name Lemony Snicket. It is a story with a lot of twists, turns, and mysteries to keep your toes. The main characters are a set of twins and their baby sister that trying to escape evil Count Olaf in search for their parents and other relatives.

Lego Masters

Another good show you should watch is called Lego Masters. You can watch it on Hulu or directly on FOX. It is a game show and you might be surprised what the contestants can build. The host is Will Arnett, and if you don't know who he is, he was the voice for Lego Batman. This show features lego building contests where the worst builder goes home, but there is always a nice twist to make things dramatic!





Hamilton

Harper Silliman, and Sala Trice

Have you heard of Hamilton? You probably have, but if you haven't it is one of the most popular musicals of all time. It is the story of one of our Founding Fathers, Alexander Hamilton, who was instrumental in the Revolutionary War.

The musical came out in 2015 and since then over 2.6 million people have seen it. It has grossed almost half a billion dollars in total over it's five years of running and ticket costs average about \$270! The creator Lin Manuel Miranda is currently making 12.7 million dollars on the famous musical.

Hamilton was inspired by a book written by Historian Ron Charnow, which Lin Manuel Miranda read while on vacation. It has come a long way from the small off-broadway show that it used to be and now is earning around a steady \$4 million per week.

Hamilton's Cast

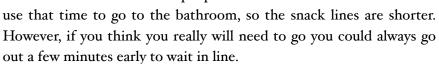
Since there are so many people who want to see Hamilton, one cast can't do all the shows, so there are different ones so they don't burnout. However, the original cast is made up of Lin Manuel Miranda, Phillipa Soo, Leslie Odom Jr., Renée Elise Goldsberry, Christopher Jackson, Daveed Diggs, Okieriete Onaodowan, Anthony Ramos, and Jasmine Cephas Jones.

Plan for Hamilton

Since Hamilton is 2 hours and 50 min long (including 15 min intermission), you will want to make a plan as to when you go to the bathroom, get snacks etc. So here are some proposed times to do those things.

First of all you will want to get there around an hour beforehand, so that you can avoid crowds and second so that you can get snacks and any merchandise.

It turns out that it is actually better to get snacks during intermission because most people



The musical Hamilton continues to be hit and even has a movie on the way!



There is a sufficiency in the world for man's need but not for man's greed.

-Mahatma Gandhí

Must Try Online Games!

Harper Silliman

So now that you are stuck at home with nothing to do except maybe some schoolwork you need some things to do, and you would probably prefer to do it on the computer. So, here are some games to play on the computer while you are stuck at home.

Slither.io:

Slither.io is a popular game in which you are snake, and you have to collect glowing balls of light to become a bigger snake. But you have to watch out because other snakes can eat you. The good thing is that you can also eat other snakes. The point of the game is that you basically have try to grow as big as you can and eat as much as you can while at the same time avoid other snakes to become the Head Honcho of the entire server.



Friv:

Friv is an awesome collection of games that center from things like dress-up to games where you have ninjas battle each other. This is a very good website for someone who is not very sure what they want to do and since it has a variety of options.



Hole.io:

Hole.io is a game where you start as a very small black hole and get progressively bigger by eating bigger and bigger things until you become the King (or Queen) of the server!! It's very addictive!

This game is also very fun since it has a similar touch of <u>slither.io</u>. For example, you can eat other holes but they can also eat you. However, note that you have to be the same size or larger than the other hole to eat them, otherwise you will get a nasty surprise when you are consumed whole by the other hole and that is the end of your



Paper.io 2:

Paper.io is a game where you are a little box with a mission to get as much territory as possible. Every time that you connect with more of your color after making a semi-half circle thingy, you gain more of your color territory. But if someone crosses over your line (the faint trail you leave behind while you are doing a semi-circle) while you are making more of your color, then your dead. But you can do the same thing to other people, though you are immune while you are in your territory since it is already your color.



Pokemon Sword and Shield and Pokedex Review

Baxter Collins

Pokemon Sword and Shield is a video game based in the Galar region. This game has many new surprises and differences to other Pokemon games.

Pokedex

The Pokedex is composed of 20 Galarian forms and their evolutions (pokemon that were previously shown in other pokemon games but look different) and 61 other pokemon created from scratch. That means that 25% were previously created pokemon and 75% are new.

The starters are: Grookey (grass), Scorebunny (fire) and Sobble (water)

Their 2nd forms: Thwacky (grass), Rabbot(fire) and Drizzle(water)

Their 3rd forms: Rillaboom(grass), Cinderace(fire) and Inteleon(water)

My favorite Pokemon is Sir'feched, Galarian Farfetch'ds evolution.

Note: Go to https://www.pokemon.com/us/pokedex/ for all 890 Pokemon

New Stuff

Pokemon Sword and Shield includes many new places and features for example:

Surprise Trade:

Surprise trades are basically a trade where you trade a Pokemon and you do not see what Pokemon the other trader puts down. You don't see it until after the trade is completed. This can lead to anger and disappointment or joy and satisfaction.

Wild Raid Area:

This place is an opportunity to obtain Gigamantax Pokemon. You battle a strong raid boss (note: Pokemon Go also uses raids) and try to

defeat it. If you succeed you will be rewarded and a have chance to catch the Pokemon, although it is not as strong as the raid boss.

Isle of Armor:

When you arrive at the dojo on the island you will receive Kubfu, a legendary Pokemon. Eventually after training at the dojo you will be able to

challenge the Tower of Darkness or the Tower of Waters. If you complete the Tower of Darkness, Kubfu will evolve into Urshifu, Single Strike Style. If you challenge the Tower of Waters, then it will evolve into Urshifu Rapid Strike Style.

Additionally, your starter will be able to Gigamantax and learn a G-max attack. Rillaboom will learn G-max Drum Solo, Cinderace will learn G-max Fireball, and Inteleon will learn G-max Hydro Snipe. All of these attacks ignore the opponents abilities and are more powerful than most gygamax moves.

Elite Four:

In this game there are no elite four challenges. The battles consist of gym leaders and the champion. Also your Pokemon are automatically healed in the waiting room in between battles.

Gym Leaders:

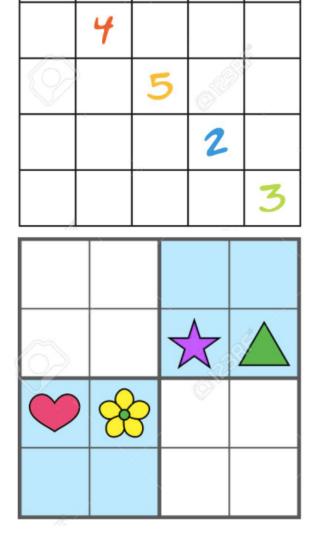
Milo(grass), Nessa (water), Kabu (fire), Bea (Fighting), Allister (Ghost), Opal (Fairy), Gordie (Rock), Melony (Ice), Piers (Dark), Raihan (Dragon)

Professor: Magnolia

Champion: Leon

In conclusion Sword and Shield is video game that is very stimulating and amazing, just make sure you're prepared for the challenge.





FPGB Elementary School

Short Story: A Lost Dog

Elia Toledo and Ella Solander

Once there was a little girl named Caroline Sampson. She had long blond hair and bright green eyes. She lived in Atlanta, Georgia on Oakdale Lane. She was born on July 26, 2006 and was one the most popular girls in 7th grade.

One day she was taking a hike in the woods on her favorite trail with her parents, then they heard something in the woods...

So they walked a little farther and saw it. It was a puppy!

Her mom thought it was an Australian Shepherd, or at least that's was what it looked like. They tried to get the puppy to come, but it would not come. They tried for at least an hour and the puppy still would not come.

The next day, Caroline couldn't get her mind off that puppy in the woods. After school she told her closest friend Erika Kirkland. She felt like she should. Erica thought that they should go back and try to find the puppy again. At first Caroline didn't want to do it but Erica was super convincing and finally convinced her to do it.

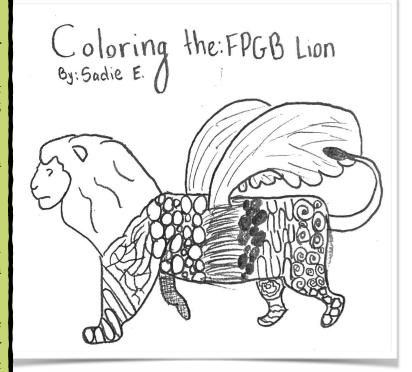
So they went back into the forest to look for the puppy. After 5 mins of looking, it started pouring rain. Then all of a sudden they heard a sound coming from the bush. They investigated and found a wolf then 2 other wolves came from behind them they were surrounded...

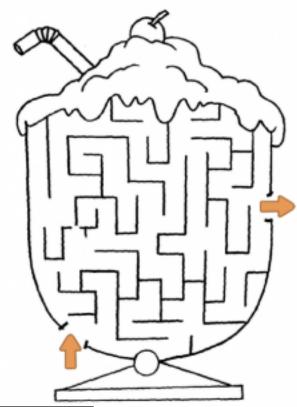
Out of nowhere there was a loud noise and the Australian Shepard puppy jumped out of a bush and scared the wolves away!!!!

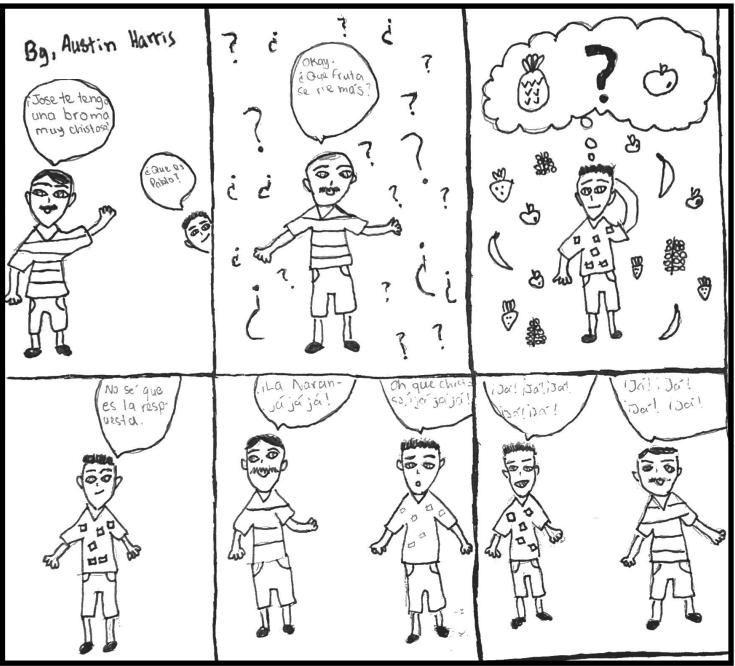
It was awesome!! They were sooo grateful!

After that they got a hold of the dog and brought the dog to the vet. When they finished they found out that the dog was a girl and she had no home. So Caroline begged and begged her mom and she finally decided that they were going to get the dog. They named her Bailey.

THE END!







Note:

If you ordered a
Monthly Roar Tshirt, you can
pick it up at
FPGB
Elementary on
Thursday, July 2,
2020 from 12-1
p.m.!



SALUD Y DEPORTES

DIY: Face Mask

Rowan Abernethy and State the Label

Why are face masks important? Well, the main reason face masks are important is that they help keep you safe and are helping keep anyone you come into contact with safe.

Face masks have many important uses, doctors and nurses wear them while doing a surgery to help keep the patient safe. There are many different ways to make masks that range from adult sizes to children's sizes. Below is one way to make a mask. You can use the pattern and materials listed below. It is simple, even if it feels complicated.

Step 1: Gather your Materials

What you need:

- pattern
- main fabric at least 8" x 12"
- lining fabric at least 8" x 12"
- 26" elastic cord or 1/8" wide elastic band
- Sewing machine or needle and thread

Step 2: Cut

Using a pattern, cut out 2 pieces with the main fabric, which is slightly longer than the cutouts for the lining fabric.

FACE MASK PATTERN

MAIN FABRIC: cut 2

LINING FABRIC: cut 2

LINING FABRIC: cut 2

W" seam allowance

(S)

Then fold the pattern piece in at the dashed line to shorten the pattern, and cut 2 pieces of lining fabric.

Step 3: Sew

1 - Finish Lining Side Edges

Fold the side edge of the lining in 1/4" so insides are touching and then sew together. Repeat for the other side of the lining.

2 - Sew Center Front Seam

With right sides together, sew / serge center front seam of lining. Clip curve to ease (not necessary if serging this seam). Repeat with the main fabric center front seam.

Optional Step— You can stitch down the seam allowances to the inside the mask if you would like. This does not affect the overall functionality, but makes it feel a little less bulky when worn!

3 - Stitch Top Seam

Place the mask lining on top of the mask main, right sides together and align the center front seams. Pin, then serge / sew the top seam from one end to the other. Clip curves if not serging.

4 - Stitch Bottom Seam

Stitch bottom seam from one end to the other. TURN THE MASK RIGHT SIDES OUT. (Our lining fabric is striped on one side, and solid on the other! Sorry if that is confusing.)

5 - Create Elastic Casings

With the main fabric mask on bottom and lining facing up, turn the main side edge over 1/4", press if necessary, and then turn again to line up right next to the edge of the lining. Top stitch in place. Repeat with the other main side edge.

6 - Add Elastic

Take one end of the elastic and run it through one of the side casings, over to the other casing and then up through that casing to create a loop of elastic. This will create a top band and a lower band of elastic. Knot the elastic tightly (if using cord) or sew (if using band). Adjust elastic so the knot is hidden within one of the casings.

Note: The side openings allow for another mask or filter to be slipped inside.

Skin Cancer

Austin Harris

What is Cancer?:

Cancer is a disease caused when some cells divide uncontrollably and spread into surrounding tissue. In other words, cancer is caused by changes to our DNA. Most cancer-causing DNA changes occur in sections of DNA called genes. Cancer can start almost anywhere in our bodies, which are made up of trillions of cells. Usually, our cells grow and divide to form new cells as our body needs them. When our cells grow old or get damaged, they die, and new ones take their place. But, when cancer evolves, this process breaks down. As cells become old and damaged, these cells survive when they should die, and new cells form when they aren't needed.

Has Cancer Increased?

Even though the number of identified cases of cancer are increasing in the United States, the overall cancer death rate has declined since the 1990s. For example, death rates decreased by 1.8 percent per year in men and 1.4 percent in women. So, how doctors treat cancer is slowly getting better.

Skin Cancer:

As you can see skin cancer is the most common cancer in the United States. But, it is also the most curable Cancer if doctors catch and treat it early. If you don't treat the skin cancer right away, it can become a big and difficult problem. Skin cancer expands when one of the three types of cells that make up your skin reproduce untypically.

As they build up and split up without stopping, they can metastasize. Metastasize means that the cancer cells spread to new areas of the body, often by way of the lymph system or bloodstream. This means that cancer spreads to other places, causing your body to attack itself.

When you don't protect your skin from Ultra Violet rays, either from sunlight or tanning beds, you damage your skin's DNA. UV radiation is present in the sunlight, and constitutes 10% of the total electromagnetic radiation harvested by the sun.

When the DNA is altered, it can't properly control skin cell growth, leading to cancer. If you have a history of sunburns, or have spent a lot of time in the sun, your odds go up for skin cancer. Light skin, eyes, and hair; the less pigment you have in your skin, the less protection your cells have against dangerous UV rays.

Tips to Prevent Skin Cancer:

- + Don't get sunburned.
- * Avoid tanning, and never use UV tanning beds.
- * Cover up with clothing, including a broad-brimmed hat and UV-blocking sunglasses.
- * Use a broad-spectrum sunscreen with an SPF of 15 or higher every day. For extended outdoor activity, use a water-resistant, broad-spectrum sunscreen with an SPF of 30 or higher.
- * Apply 1 ounce (2 tablespoons) of sunscreen to your entire body 30 minutes before going outside. Reapply every two hours or after swimming or excessive sweating.
- * Keep newborns out of the sun. Use sunscreen on babies over the age of six months.
- * Examine your skin head-to-toe every month.

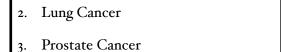
R.I.P Kobe Brayant

Tomas Robertson and Michael Fish

On January 26, 2020 the great basketball player, Kobe Brayant and his daughter Gianna Brayant were killed in a helicopter crash in the mountains of Calabasas, California. Kobe was 41 and Gianna was 13.

Kobe Brayant was getting ready to go to Gianna's basketball game in his private helicopter. When they got in the helicopter they were with the pilot and another family which made a total of 9 people inside the helicopter.

Once they made it up to the mountains they were near the ocean, which created a lot of fog against the mountains, so it made it harder to see. People reported that they saw and heard sputtering from the aircraft before it hit the mountains. No one is sure why the helicopter crashed but some people have



Top 10 most common Cancers in the

United States:

4. Breast Cancer

1. Skin Cancer

- 5. Colorectal Cancer
- 6. Kidney Cancer
- 7. Bladder Cancer
- 8. Non-Hodgkin lymphoma
- 9. Thyroid Cancer
- 10. Endometrial Cancer



theories about it.

There were many different reactions around the world, most good. However Brayant also did not make the best choices in his lifetime, but even through that people decided to put it aside to celebrate his life. For example, when Neymar scored a goal, he flashed the numbers 24 in honor of Kobe Brayant. And the Laker greats Lebron James, Shaquille O'Neal and former coach and player Jerry West all showed a huge amount of sadness when they heard the news and were all crying. O'Neal even said that he was one of the greatest Lakers and overall basketball players ever.

In conclusion, the world is reacting in with of grief because of the loss of Kobe Brayant and Gianna Brayant were killed in a helicopter crash in Calabasas, California.

